





## THE FAST PROCEDURE

## Who should consider the FAST procedure?

Patients considered candidates for this procedure have been diagnosed with common tendon injuries such as:

> -Tennis Elbow -Plantar Fasciitis -Golfer's Elbow -Achilles Tendonitis -Jumper's Knee

## How is the FAST procedure different from other options?

The FAST procedure is a minimally invasive method that emulsifies and removes diseased tissue without disturbing the surrounding healthy tissue. The desired effect is to achieve the same goal as surgery without the use of general anesthesia. The patient is given a local anesthetic and remains fully awake.



This system represents the most advanced technology available for treating these types of injuries. All major insurance companies will cover the expenses of the FAST procedure.

## What should patients expect after the FAST procedure?

Immediately following the procedure, the patient is pain free and able to return home. Overthe-counter medications are recommended if there is any discomfort. Lower extremity procedures require immobilization in a walking boot for a short period of time. The approximate recovery time for the procedure is 2-4 weeks.

